

#### FUNCTIONAL

## **ELASTCOSAS**

The Elastoosas Device for snoring,

consists of two occlusal showers joined

together by a sliding and retractable

occlusal guide, in such a way as to

compose a monobloc device suitable

for containing "in toto" the teeth of the

The Device has been designed with

an occlusal guide suitable to contain

They are distinguished from each

other by means of different colors and

codes, placed in the front right part of

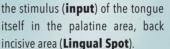
the different types of arch shape.

upper and lower dental arch.

**Elastoosas** is a new Elastodontic Device in the range of the **Amcop Bio-Activators.** It is made with thermoelastic medical material and has the purpose of freeing the respiratory tract, by means of a specific functional action, reducing substantially snoring and sleep apnea episodes.

> The main elements that make up the the stimu Device, in order to achieve the itself in desired action, concern, first of all, in incisive a the shaping of a reference guide to Such ele the lower arch, which is more decisive forward (protruded) than the norm nasal bre and an appropriately raised further for occlusion plane accompanying a particular ramp-type modeling, A further breathing

which extends along the entire brown perimeter of the lower lingual sh flanges, having the specific function fla of a true lingual elevator supported as by a reference (**Button**) suitable for slee



Lingual ramp

Concavity

Indicators

Such elements generally turn out decisive for the recovery of correct nasal breathing, as they allow to further freeing of the pharyngeal area.

A further help, regarding better nasal breathing, is constituted by adequate shielding provided by the vestibular flanges (**anterior shields**) which act as a barrier to oral breathing during sleep. The benefits of the **Elastoosas** Device are therefore:

- an increase in the vertical dimension of the mouth through an appropriate raised occlusal plane
- an advancement of the mandible through the protrusion of the lower quide
- a tongue that will be positioned upwards and forward, supported by a ramp-type guide surface (**lingual elevator**)

• better nasal breathing at the expense of oral breathing, thanks to the function of the vestibular flanges.

Ultimately, it will be possible, to obtain a better ventilation of the air through an adequate opening of the pharyngeal area and of the entire oral area. **Better air ventilation will even**-

tually limit snoring.

#### **OSAS 3**

the lower flange.



Small device Raspberry red color coded Cross measurement of 55mm\*

#### OSAS 4



Medium device Indigo blue color coded Cross measurement of 60mm\*

\* Measure taken from the transverse distance that separates the vestibular cusps of the upper sixths

#### OSAS 5



Large device **Teal green** color coded Cross measurement of 65mm\*



**High flanges** 

Button for the tongue

Absence of indentations



#### **FUNCTIONAL**

# ELASTCOSAS

by amcop

#### Usage of the Device

#### The ELASTOOSAS Device must be used at night

Before wearing **ELASTOOSAS** it is necessary to place it under running water to loosen its fibers.

The first few nights, after placing the Device in your mouth, you may experience difficulty falling asleep and keeping it all night. These difficulties can be determined, the first nights, by the particular invasiveness of the Device and by the user's predisposition to mouth breathing, where the Device itself is designed for nasal breathing. The first nights, the Device, must be kept for the compatible time in consideration of the subjective difficulties and, therefore, if necessary, remove it trying to subsequently increase the time without getting discouraged. With the passing of the nights the Device will be more and more tolerated, up to being able to keep it all night. In some cases, always at the beginning of the treatment, you may experience the loss of the Device during sleep and also in this case try again every evening. As you get used to it, it will be possible to keep it until morning.

#### Material

The material used for the construction of the ELASTOOSAS Device consists of an elastomeric polymer composition, with thermoelastic characteristics, supported by extraordinary elasticity and excellent mechanical properties; all this to ensure a comfortable adaptation to the dental arches and sufficient resistance to the chewing load. This is a certified medical material, completely nontoxic, does not contain phthalates, it's hypoallergenic, there is no latex, and finally it is not irritating to the mucous membranes. It therefore has characteristics of complete bio-compatibility for greater safety in the health sector. What distinguishes it from others, concerns in the specific thermoelastic characteristics, which make it adaptable to the different types of arch shape, when needed, by means of an appropriate shaping of the flanges using heat tools suitable for the case. The prescribing Dentist will modify the Device in case of certain interferences with gums, cheek muscles, lips and tongue, in such a way as to make it as comfortable as possible.

### What you need to know before using Elastoosas

Snoring is a particular acoustic phenomenon characterized by a noise of variable intensity generated along the respiratory tract by mobile and vibrating structures caused by the obstruction of the airways; if the obstruction is complete, the passage of air is interrupted and apneas occur. Snoring can be a health problem, it can cause: restless sleep, headaches, choking, cough, breathing gasps, tachycardia, drowsiness, obesity. In the long run, major health problems such as heart disease and stroke could also arise.

Altered conditions of the correct functions of the mouth. accompanied by an anomalous occlusal picture caused by an abnormal cranio-mandibular condition, can cause snoring. Specifically, reference is made to a reduced vertical dimension of the mouth, and to a rear-positioned mandible which involves the simultaneous posterior displacement of the tongue, which is in complete opposition with the posterior wall of the pharynx; this situation can affect both oral and nasal breathing, as the air is no longer able to reach the lungs. We thus speak of sleep apnea (OSAS - Obstructive Syndrome from Sleep Apnea) which is the alteration of the normal physiology of sleep, characterized by sleep interruption or pauses of the same, due to a blockage of the passage of air at the level of the nose, and of the throat which determines the vibration of the uvula, palate and tonsillar pillars.

**ELASTOOSAS** is therefore indicated for cases with a reduced vertical dimension of the mouth accompanied by a retruded mandible and a tongue with a low and retropositioned posture.

# Stop Snoring!

#### **FURTHER INDICATIONS**

The **Elastoosas** device is also indicated in case of:

- Bruxism (nocturnal grinding
- Certain tension problems of a neuromuscular nature
- Muscle-tension headaches in predisposed patients

#### CONTRAINDICATIONS

The **Elastoosas** device is contraindicated in case of:

- Problems in the temporomandibular joints (TMJ)
- Dental elements with marked periodontal mobility
- Overt gingivitis



#### APPLIANCE SUITABLE FOR THE TREATMENT OF SNORING EPISODES



